

CLOTHING SIZE CONVERSIONS

Clothing sizes in Europe are different than those found worldwide. Each country has its own, strong identity. If you are a visitor from the USA, U.K., Australia, New Zealand, and Japan, shopping for clothes in Continental Western Europe, it might be useful to know the different measuring criteria.

The following pages are designed to be a useful tool in converting worldwide sizes. Even though we tried our best to display the data as accurate as possible, we cannot guarantee that it is absolutely correct as sizes of garments, shoes, and accessories vary between manufacturers and even between different collections by the same designer. You should use these charts for approximation only.

The best way to know which size is the perfect fit for you is to measure up a garment you have at home that is a great fit and really comfortable, and find your size within a couple of centimetres of that garment.

****The following conversion charts are to be used as REFERENCE only.**

UNIVERSAL CONVERSION CHART AT A GLANCE

Unisex Sizing	Australia	American & British Men	American Women	British Women	Continental Men	Continental Women
2	XXS	36	4	8	46	-
3	XS	38	6	10	48	38
4	S	40	8	12	50	40
5	M	42	10	14	52	42
6	L	44	12	16	54	44
7	XL	46	14	18	56	46
8	XXL	48	16	20	58	48
9	XXXL	50	18	22	60	50
10	XXXXL	52	20	24	62	52
11	XXXXXL	54	22	26	64	54
12	XXXXXXL	56	24	28	66	56

Please refer to the measurements according to these criteria:

- ✓ **CHEST** – circumference measured under the armpits
- ✓ **SHOULDER** – from top of left shoulder across back all the way to top of right shoulder, seam to seam
- ✓ **LENGHT** – from bottom of collar (collar seam) to bottom of garment
- ✓ **SLEEVE** – from top of shoulder sleeve (or strap seam) to end of cuff

How-to guide, Tips & Hints

For reliable results, please be as accurate as you possibly can. The measuring tape must be held naturally, neither stretched nor slackened.

- **Measuring your Chest:** with both your arms down, place the tape under your armpits and tape measure by turning it completely around your body without holding your breath. Your coat size typically equals your actual chest size plus a couple of inches to allow adequate room for a sweater and a comfortable movement.
- **Measuring your Waist:** tape measure around your waistline where you usually wear your trousers. If your waist size is bigger than your chest size, then the former is the one to look for in the chart in order to determine your coat size.

Men's Clothing Size Conversions

Men's Suits, OverCoats and Sweaters									
The US size may be followed by a letter designation S = Short, R = Regular, L = Long.									
European	42	44	46	48	50	52	54	56	58
UK	32	34	36	38	40	42	44	46	48
Japan	S	S	S	M	L	L	LL	LL	LL
USA	32	34	36	38	40	42	44	46	48

Men's Dress Shirts								
The US collar size my be followed by a sleeve length in inches 32 – 35								
European	36	37	38	39	41	42	43	44
UK	14	14 ½	15	15 ½	16	16 ½	17	17 ½
Japan	87	91	97	102	107	112	117	122
USA	14	14 ½	15	15 ½	16	16 ½	17	17 ½

Men's Pants											
Two numbers indicating waist size, and inseam lengths of 28 – 35											
US (Inches)	28	30	32	34	36	38	40	42	44	46	48
Int'l (cms)	71	76	81	86	91 ½	96 ½	101 ½	106 ½	112	117	122

USA Men's Size Standard (Approximate)							
US Sizes	XS	S	M	L	XL	XXL	XXXL
Neck (inches)	13-13½	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½
Chest (inches)	33-34	35-37	38-40	42-44	46-48	50-52	54-56
Sleeve (inches)	31½-32	32½-33	33½-34	34½-35	35½-36	36-36½	36½-37
Waist (inches)	27-28	29-31	32-34	36-38	40-42	44-46	50-52
Neck (cm)	33-34	36-37	38-39	40-42	43-45	46-47	48-49
Chest (cm)	84-86	89-94	96-102	107-112	116-122	127-132	137-140
Sleeve (cm)	80-81;	82-84	85-86	87-89	90-91	91-93	93-94
Waist (cm)	68-71	73-79	81-86	91-97	101-107	111-117	127-132

Men's Hat Size						
Many hats are sized only XS , S , M , L , XL						
European	53	55	57	59	61	63
UK	6 3/8	6 5/8	6 7/8	7 1/8	7 3/8	7 5/8
Japan	53	55	57	59	61	63
USA	6 ½ (XS)	6 ¾ (S)	7 (M)	7 ¼ (M)	7 ½ (L)	7 ¾ (XL)

Men's Shoes												
European	37 ½	38	38 ½	39	39 ½	40	41	42	43	44	45	46
UK	5 ½	6	6 ½	7	7 ½	8	8 ½	9	9 ½	10	10 ½	11 ½
Japan	25	25 ½	26	26 ½	27 ½	28	28	28 ½	29 ½	29 ½	30 ½	30 ½
USA	6	6 ½	7	7 ½	8	8 ½	9	9 ½	10	10 ½	11	12

Men's Belts								
Measure around the waist								
	SIZE	XS	S	M	L	XL	XXL	XXXL
Inch	LENGTH IN INCHES*	31 "	33 "	35 "	37 "	39 "	41 "	43 "
Cm	LENGTH IN CENTIMETERS*	80 cm	85 cm	90 cm	95 cm	100 cm	105 cm	110 cm

Women's Clothing Size Conversions

<i>Women's Dresses and Suits (Misses Size)</i>										
European	32	34	36	38	40	42	44	46	48	50
UK	4	6	8	10	12	14	16	18	20	22
Japan	5	7	9	11	13	15	17	19	21	23
USA	2	4	6	8	10	12	14	16	18	20
USA LETTER	XS	S	S	M	M	L	L	XL	1X	2X

<i>Women's Dresses and Suits (Junior Size)</i>									
European	28	30	32	34	36	38	40	42	
UK	3	5	7	9	11	13	15	17	
Japan	0	2	4	6	8	10	12	14	
USA	1	3	5	7	9	11	13	15	

<i>Women's Blouses & Sweaters</i>							
European	40	42	44	46	48	50	53
UK	34	36	38	40	42	44	46
USA	32	34	36	38	40	42	44

<i>USA Women's Size Standards</i>										
US Sizes	2	4	6	8	10	12	14	16	18	20
Bust (inches)	32 ½	33 ½	34 ½	35 ½	36 ½	38	39 ½	41	43	45
Waist (inches)	24	25	26	27	28	29 ½	31	32 ½	34 ½	36 ½
Hip (inches)	34 ½	35 ½	36 ½	37 ½	38 ½	40	41 ½	43	45	47
Bust (cm)	82 ½	85	87 ½	90	92 ½	96 ½	100 ½	104	109	114
Waist (cm)	61	63 ½	66	68 ½	71	75	79	82 ½	87 ½	93
Hip (cm)	87 ½	90	93	95	98	101 ½	105 ½	109	114	119

<i>Women's Shoes</i>											
European	35	35 ½	36	37	37 ½	38	38 ½	39	40	41	42
UK	2 ½	3	3 ½	4	4 ½	5	5 ½	6	6 ½	7	7 ½
Japan	21	21 ½	22	22 ½	23	23 ½	24	24 ½	25	25 ½	26
USA	5	5 ½	6	6 ½	7	7 ½	8	8 ½	9	9 ½	10

<i>Woman's Belts</i>										
* for some belts, apparel sizing may be used										
** Measured around the waist										
	SIZE									
INCH	LENGTH IN INCHES**									
CM	LENGTH IN CENTIMETRES**									
		XXS	XS	S	M	L	XL	XXL	XXXL	
		24"	26"	28"	30"	32"	34"	36"	38"	
		60 cm	65 cm	70 cm	75 cm	80 cm	85 cm	90 cm	95 cm	

<i>Apparel Size Conversion Chart for Tops and Dresses</i>					<i>Apparel Size Conversion Chart for Bottoms and Dresses</i>			
USA (12 - 28*)	USA (0 - 4)	UK / Australia	Europe	Japan	USA	UK / Australia	Europe	Japan
12	0	12 / 14	38 / 40	9 / 11	12	14	40	11
14 / 16	1	16 / 18	42 / 44	13 / 15	14	16	42	13
18 / 20	2	20 / 22	46 / 48	17 / 19	16	18	44	15
22 / 24	3	24 / 26	50 / 52	21 / 23	18	20	46	17
26 / 28*	4	28 / 30	54 / 56	25 / 27	20	22	48	19
					22	24	50	21
					24	26	52	23
					26	28*	54	25
					28*	30	56	27

Size	Length (inches)	Other Info
Belts		
0	37	Belt measurements are from the beginning of the strap to the center hole. Contour belts are 2" longer than the measurements at left for each size.
1	40	
2	43	
3	47	
4	40	
Chain Belts		
1/2	42	12" Extender
3/4	49	12" Extender
Web Belts		
One Size	60	Cut to fit. One size fits most.
Collars – Bucale		
1/2	18	
3/4	19 ½	
Collars – Snap		
1/2	16 ½	
3/4	18	
Wristbands (Bucale)		
1/2	10 ½	
3/4	18	
Wristbands – Snap		
1/2	9 ¼"	
3/4	10 ¼"	
Necklaces		
One Size	18	3" Extender
Wire Chokers		
One Size	5½ (diameter)	4" Overlay May have 3" Extender.
Chokers		
One Size	16	
Bracelets		
One Size	8	2" Extender
Cuff Metal Bracelets		
One Size	2 (diameter)	1 ¼" Opening
Anklets		
One Size	10	2" Extender

Children's Clothing Size Conversions

<i>Newborn Babies and Infant Sizes</i>							
Some stores also offer "Preemie" size for babies under 4 pounds							
US Size	Newborn	3 Months	6 Months	9 Months	12 Months	18 Months	24 Months
Weight lbs.	4 - 8	9 - 11	12 - 15	16 - 18	19 - 20	21 - 23	24 - 28
Length ins.	17 - 19	19 - 23	24 - 26	27 - 28	29 - 30	31 - 32	33 - 35
Weight kgs.	2 - 3.5	4 - 5	5.5 - 7	7 - 8	8.5 - 9	9.5 - 10.5	11 - 12.5
Length cms.	43 - 48	48 - 58	60 - 66	68 - 71	73 - 76	78 - 81	83 - 89

<i>Toddlers and Kids Sizes</i>							
Typically for children from 2 to 6 years old							
US Size	2T	3T	4T	4	5	6	6X
Weight lbs.	24 - 28	29 - 32	33 - 36	37 - 41	42 - 46	47 - 53	54 - 58
Length ins.	33 - 35	36 - 38	39 - 41	42 - 44	45 - 47	48 - 49	50 - 51
Weight kgs.	11 - 13	13 - 15	15 - 17	17 - 19	19 - 21	21 - 24	24 - 26
Length cms.	84 - 89	91 - 97	99 - 104	107 - 112	114 - 119	122 - 125	127 - 130

<i>US Standard Girl's Sizes</i>						
Typically 7 to 14 years old.						
US Size	7	8	10	12	14	16
Height ins.	51 - 52	53 - 54	55 - 57	58 - 59	60 - 62	63 - 64
Bust ins.	26.5	27.5	29	30.5	32	33.5
Waist ins.	23	23.5	24.5	25.5	26.5	27.5
Hips ins.	28	29	30.5	32.5	34.5	36.5
Height cms.	129 - 132	134 - 137	139 - 145	147 - 150	152 - 157	160 - 163
Bust cms.	67	70	74	77	81	85
Waist cms.	58	60	62	65	67	70
Hips cms.	71	74	77	82	87	93

<i>US Standard Boys Sizes</i>						
Typically 7 to 14 years old. (Sometimes available in slim or husky)						
US Size	8	10	12	14	16	18
Height ins.	50 - 53	54 - 57	58 - 60	61 - 63	64 - 65	65 - 66
Chest ins.	27	28.5	30	32	33.5	35
Waist ins.	23.5	25	26	27	28	29
Hips ins.	27.5	29.5	31.5	33.5	35.5	37.5
Height cms.	127 - 135	137 - 145	147 - 152	154 - 160	162 - 165	165 - 168
Chest cms.	68	72	76	81	85	89
Waist cms.	59	63.5	66	68	71	74
Hips cms.	70	75	80	85	90	95

<i>Infant and Toddler Shoes</i>												
Typically birth to 6 years old.												
European	16	17	18	19	20	22	23	24	25	27	28	30
UK	0.5	1	2	3	4	5	6	7	8	9	10	11
USA	1	2	3	4	5	6	7	8	9	10	11	12

<i>Children's Shoes</i>										
Typically 6 to 12 years old										
European	28	30	31	32	33	34	36	37	38	39
UK	10	11	12	13	1	2	3	4	5	6
USA	11	12	13	1	2	3	4	5	6	7

<i>Girl's Shoes</i>											<i>Boy's Shoes</i>							
Typically 12 years old to adult.											Typically 12 years old to adult.							
European	26	27	28	28	29	31	31	32	34	35	30	31	32	33	34	35	36	38
UK	7.5	8.5	9.5	10	11	12	13	14	1.5	2.5	11	12	13	14	1.5	2.5	3	4
Japan	15	15	16	16	17	18	19	20	21	22	17	18	19	19	20	21	22	23
USA	9	10	11	12	13	14	1	2	3	4	12	13	14	1	2	3	4	5